Contact details (area code 01584 except where noted)

*Caynham Ashford Women's Institute (https://sites.google.com/site/caynhamashfordwi/)

Meets monthly 7.30pm 2nd Wednesday at alternate village halls

President Mrs Christine King 876819

Secretary Mrs Jane van Duijvenvoorde 891396 janevanduij@gmail.com

Treasurer Mrs Ann Morris 831692

*Caynham & District Gardening Society (http://caynhamgardening.blogspot.co.uk)

Meets monthly 7.30pm 1st Tuesday Caynham Village Hall

Chairman Mrs Christine King 876819

Secretary Mrs Jean Faulkner 879515 jeanmfaulkner@btinternet.com

Treasurer Mrs Ann Morris 831692

*Caynham Book Exchange

Meets monthly 11am 1st Monday Caynham Village Hall

Contact Mrs Paula Spencer 875419

Ashford & Caynham Butterflies Pre-school Playgroup

Every weekday in term time, 9am to 3pm Bishop Hooper CE Primary School

Committee Chair Ms Julia Harmen

Leader Ms Leigh Turner 07779171674

*Caynham Parish Council (http://www.caynhampc.org.uk)

Meets bimonthly 7pm 1st Monday usually Knowbury Memorial Hall, occasionally Caynham or Clee Hill

Village Hall

Caynham Councillor Mrs Barbara Ashford (Chairman) 874402

County Councillor Mr Richard Huffer 891215 richard.huffer@shropshire.gov.uk

Clerk Mr Eric Williams 874661 cewilliams1@btinternet.com

Caynham Walking Group

Meets monthly 2nd Saturday: walks are 4 to 6 miles starting about 10am. For details please contact Catherine Newcombe (891225 or cathnewcombe@btinternet.com).

*Caynham Village Hall Committee (http://www.caynham.eclipse.co.uk/vhall.html)

Chairman Dr David Faulkner 879515 davidjfaulkner@btinternet.com
Hall Bookings Mrs Jean Faulkner 879515 jeanmfaulkner@btinternet.com

St Mary's Church Caynham

Rector Revd Lynn Money 831203 ashfordsrector@gmail.com

Churchwardens Mrs Ann Reid 875519

Mr Stephen Ashford 874402 sjashford@hotmail.com

Caynham Methodist Church

Minister in Charge Revd Frances Biseker 01568 612406

Friends of Bishop Hooper CE Primary School

Contact Mrs Anna Gittins (Headmistress) 831110

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NOW WE ARE 7 ...

The newsletter was first published in its current incarnation in February 2014, so this is our seventh anniversary. It's also almost a year since we ceased producing a printed version of the newsletter and switched to online publication. There's no immediate likelihood of the print version reappearing, but this does mean that Caynham residents who don't use the internet can't read the newsletter. If you know anyone in this position who would like a paper copy please let me know and I'll see what might be organised.



How is Home Care working in Shropshire?

Home care (also known as domiciliary care) is often seen as the 'front line' of social care delivery and is critical to the longstanding intention to enable people to 'age in place' and to deliver care as close as possible to people's homes.

In a project undertaken prior to COVID-19 Healthwatch Shropshire, the local health and social care consumer champion, asked those receiving home care in Shropshire to tell them about their experiences and have just published their report which found that:

- Service users who responded to the survey were very happy with their experiences in the main
- Continuity of care was found to be an issue with 24% of respondents saying that they felt that they see too many different carers.
- More people who were funding their own care felt involved in decisions about their care (100%) than people who were receiving council or health funded care (88%).
- Self-funders were also more likely to feel the carers visited them at the times they wanted (86%) compared with people receiving council or health funded care (79%).

^{*} currently Village Hall meetings are suspended due to Covid-19

When Healthwatch spoke to home care providers they heard that:

- Recruitment is increasingly difficult for the sector and consistency of care
 can be difficult to achieve. Providers told us that they try their best to keep
 staff consistent, particularly for those with Dementia, but as their staff
 include a high proportion of part time workers this is not always possible.
- The county's rurality poses extra problems in respect of staff travel time
- Hospital discharges can pose problems for providers due to a lack of communication, mixed messages or failed discharges
- For some, technology is making the administrative side of the business more efficient and improving communication

Lynn Cawley, Chief Officer of Healthwatch Shropshire, said "Provision of home care comes with its challenges particularly in rural areas but it has been reassuring to hear from the majority of people who responded to our survey that their experience has been good. We want to continue to hear about home care services, particularly how the service has been delivered during the pandemic, including to those people who have been discharged from hospital."

The report can be found at https://www.healthwatchshropshire.co.uk/report/2020-09-03/home-care-shropshire

Healthwatch Shropshire are now looking more closely at hospital discharge and currently have a survey open asking for people's experiences of being discharged from hospital during COVID. They are keen to hear what working well and what could have been improved. The survey is available on the website at https://www.healthwatchshropshire.co.uk/tell-us-about-your-experience-leaving-hospital-during-covid-19 or can be completed over the telephone by calling 01743 237884.



Would you have survived the pandemic if you couldn't read?

For many of us the restrictions on our lives have provided the perfect opportunity to catch up on a novel we've been meaning to read, or take up baking, learn a new a new skill, or even become a teacher for our children. In fact, one way or another we've all probably spent a lot more time reading.

But it's not been this way for everyone. Many adults missed out on the opportunity to learn to read at school during the short period of time when the basic foundations

of this skill are learned. In fact, research shows that over 7% of adults didn't learn to read at school and most of them have never caught up.

It may be one thing not to be able to enjoy the pleasure of reading a new title by a favourite author, but stop for a minute and think how different things would be if you couldn't read forms, shop online, apply for grants or benefits, follow medicine instructions, help children with home schooling, or follow the ever-changing Covid-19 guidelines. Many people who struggle with reading usually rely on the help of others on a daily basis but with the recent increased levels of social isolation a lack of support has left many people coping alone.

Help is at hand! Read Easy Shropshire Hills is a local charity which provides free one-to-one coaching for people in South Shropshire and the Welsh Borders who struggle with reading. We match up each new reader with a trained reading coach and they work at their own pace without pressure through our reading programme. In normal circumstances coaching takes place at a quiet location but early in the pandemic we introduced coaching online, or by phone and many of our readers can carry on learning even when they can't see their coach in person.

We can now also sign up anyone who wants to start our programme by phone or online so there's no need for them to leave their own home. So, if it's not possible, or convenient, for new readers and their coaches to meet face to face we can get everything going remotely.

It's never too late to learn. If you know someone where you live who you think would benefit from our service please get in touch to find out more. For a confidential conversation, call Amana on 07707 762653 or email amana@readeasy.org.uk

Steve Gibbon, Read Easy Shropshire Hills

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